

## Parent Guidance for Reporting a Suspected or Positive Covid 19 Case

Students who exhibit any symptoms associated with Covid 19 should not attend school and anyone who develops symptoms at school will be sent home.

Covid 19 symptoms include:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature), or;
- a new, continuous cough – this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual), or;
- anosmia - the loss or a change in your normal sense of smell (it can also affect your sense of taste)

If a child or a member of your household has any of the above symptoms, the household must self-isolate and the following should happen:

- The child / household member should have a Covid 19 test
- If the test is negative the child can return to school, as long as they have been fever free for 48 hours, and the household can return to normal activities. In this instance there are no further implications for the school.
- If the test is positive the child / household member in question must self-isolate until 10 days after the onset their symptoms and the rest of the household must also self-isolate for 10 days

### How long you need to self-isolate

- If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you do not have symptoms) and for the next 10 full days.
- If you get symptoms while you are self-isolating, the 10 days restarts from the day after your symptoms started
- If someone you live with (including your support bubble) has tested positive, your self-isolation period includes the day their symptoms started (or the day they had the test, if they do not have symptoms) and the next 10 days

Self-Isolate immediately if someone in your support bubble has tested positive and if:

- You have been in closed contact with them since their symptoms started or during the 48 hours before their symptoms started
- You have been in close contact with them since they had a test or during the 48 hours before their test (if they have not had symptoms)

Your self-isolation period includes the day you were last in contact with the person and the next 10 full days

### Notifying the College

Please email: [mcarson930@c2kni.net](mailto:mcarson930@c2kni.net) if a member of your household is showing symptoms or is being tested for Covid 19, advising the College on the outcome of the test results as soon as possible to confirm and agree a return to school date.